



Landmark SURGERY CENTER

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Discharge Instructions For Scopalmine Patch

Common Problems after Anesthesia and Surgery

Information about Your Recovery



Diet

Drink plenty of fluids and progress to your normal diet as tolerated, unless otherwise instructed by your surgeon.

Nausea

It is not uncommon to experience nausea and/or vomiting after surgery. If you are unable to keep food and/or liquids down or your nausea/vomiting is persistent, please contact your surgeon's office.

Bleeding

It is not uncommon to experience some minor bleeding after surgery, however, if bleeding is excessive or blood is coming through your dressing, please apply light pressure and call your surgeon's office right away for further instructions. If you feel this is an emergency, dial 911, or go to the nearest Emergency Department.

Infection

Call your surgeon if you experience any signs/symptoms of infection including: foul smelling or unusual drainage, excessive pain, redness, heat, or swelling near the site and/or fever greater than 100.4.

Good hand hygiene is important during your recovery. Your dressing should remain clean and dry until otherwise instructed by your physician. Follow your physician's instructions regarding bathing and wound and/or dressing care to help prevent infection.

Pain

For your comfort and safety, please follow your doctor's instructions regarding postop activity and taking