



# FIT

## PHYSICIAN-DIRECTED WEIGHT MANAGEMENT



Being overweight is the result of many factors and contributes to multiple health problems. Our team uses FDA-approved medication and a multidisciplinary approach to help you accomplish your weight loss goals.

### The "What"

ONE Health FIT is a center of excellence in obesity evaluation and treatment.

### The "Why"

The goal of ONE Health FIT is to take a multidisciplinary approach to managing patients with Obesity and Type 2 Diabetes, and to provide evidence-based, compassionate clinical care.

### The "Wow"

The medical team is composed of clinicians with various backgrounds working together to help patients lose and maintain weight loss through lifestyle intervention, medicine and surgical intervention if needed.

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