



RONAURUS Tips for staying **Healthy**







TIPS

- Avoid close contact with people who are sick.
- Stay home when you are feeling sick.
- Cover your cough or sneeze with a tissue.
- Avoid touching your eyes and mouth.
- Wash your hands with soap for at least 20 seconds.

CORONAVIRUS Symptoms and Complications

The following symptoms may appear 2 - 14 days after exposure:

FEVER, COUGH and SHORTNESS of BREATH

If you experience any of these symptoms, call your healthcare provider.