

# NOW OFFERING TELEMEDICINE

- Appointments from the comfort and safety of your home
- Personalized treatment plans for you, your child or dependent
- Prescriptions for the medicines you need
- Covered by Medicare/most insurance (\*due to COVID-19)



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### **What you will need**

- A smartphone, computer or tablet with a forward facing camera
- Ability to receive text messages or email

### **When to use Telemedicine**

- Routine follow-up visits for chronic conditions
- Routine medication review
- Mild cases of cold/flu symptoms, urinary tract infections, rashes, etc.
- Medical goal setting or advanced care planning
- Mental health concerns such as depression and anxiety