

# Know the **RIGHT** way to wear a mask

A mask helps block large-particle droplets and splatter from coming into contact with your mouth and nose. It also helps to reduce the spread of your saliva and respiratory secretions to others.

## CORRECT WAY



## WRONG WAY



The mask should cover your mouth, nose and chin, with the colored side facing outwards. The elastic loop should fit over your ears. The thin metal wire along the upper edge of the mask should be pressed gently against the bridge of your nose.

To dispose of a used mask, remove it from your face by the straps. Don't touch the surface of the mask.



It should cover your mouth, nose and chin, with the colored side facing outward.



Ensure the upper edge of the mask is pressed gently against the bridge of your nose.



Remove a used mask holding only the ear loops.



Wash your hands with soap and water after disposing the soiled mask.



To be effective, change your mask if soiled or wet.

